

Carrot Mango LeanMR

- 2 scoops Vanilla LeanMR
- 1/2 cup carrot juice
- 1/2 cup frozen mango chunks

Place all ingredients in a blender and blend until smooth.
Add crushed ice as desired for a rich milkshake effect.

Calories	251
Fat (g)	1
Saturated Fat (g)	0
Cholesterol (mg)	0
Sodium (mg)	159
Carbohydrate (g)	38
Fiber (g)	11
Protein (g)	21
Calcium (mg)	28

